ADBOD (Adjective) guy who has kids and was once in shape and still has guns that can crush beer cans but also with a belly that says "I drank those beers and I can eat six slices of pizza in one seating".

DADBOD (Adjective) Aguy who has kids and was once inshape and still has guns that can crush beer cans but also with abelly that says "I drank those beers and I can eat six slices of pizzasin one seating".